

INTRODUCTION TO AESTHETIC MEDICINE

INTRODUCING HEALTHCERT EDUCATION

HealthCert Education is a global professional education provider dedicated to saving lives and improving patient outcomes through accredited primary care education for medical professionals. HealthCert Education does not accept sponsorship or commercial interest investment when delivering course content.

PREREQUISITES

There are no prerequisites.

COURSE CONTENT

In this course, the concept of aesthetic medicine and the correct approach for patients seeking aesthetic treatments is described. Topics include the history of aesthetic medicine, applying various aesthetic medicine treatment options in a primary care setting, typical aesthetic presentations and how to assess the aging face. An aesthetic consultation and treatment plan is included.

This course is evidence-based, demonstrates best practice and is regularly updated.

RELEVANCE TO GENERAL PRACTICE:

The concern that consumers often make rushed and ill-informed decisions to have these procedures done is real. As general practitioners (GPs), our role is to provide the best possible advice and care to our patients in all areas of their health. As such, GPs are in a key position to support patients who have cosmetic concerns. GPs need to be educated in how to safely support patient concerns in aesthetic medicine.

The need to educate GPs is further reinforced in the Ageing across the life span: time to think again article by GE Pierard. 'Over the past decades, understanding of ageing skin has considerably expanded, with a welcome emphasis on differentiating true chronological ageing changes from photoageing (Table 1) resulting from habitual chronic sun exposure. 18–21'.¹

1. RACGP, 'RACGP submission to the Medical Board Australia: Registered medical practitioners who provide cosmetic medical and surgical procedures, 2015
<https://www.racgp.org.au/FSDEDEV/media/documents/RACGP/Reports%20and%20submissions/2015/Registered-medical-practitioners-who-provide-cosmetic-medical-and-surgical-procedures.pdf>

LEARNING OUTCOMES:

1. Determine the basic concepts of aesthetic medicine in a clinical setting.
2. Detect patient conditions that require aesthetic medicine.

PRESENTER:

This course is presented by Dr Dianne King. Dr King has been working as a family GP for over 20 years, a graduate from UTAS medical school in 1989. She has had a keen interest in dermatology throughout this time and obtained her DPD in Cardiff while working in the UK during the early part of her career. Dr King established one of the first standalone skin cancer clinics in Hobart with her business partners in 2009, and in recent years has undergone further training in aesthetic medicine. This has proven to be a great adjunct to her skin cancer practice, evolving into a business model of the "one stop skin shop" where everything from skin cancer diagnosis and treatment, phototherapy for aesthetic and dermatological conditions, and various cosmetic treatments are available.

RECORDING:

Listen and learn about the introduction to aesthetic medicine and how they can be used to guide treatment. The recording can be paused at any point to reflect on content and has a sophisticated search option for locating specific topics. You can copy and paste key slides into your personal document for ongoing reference.

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RECOMMENDED READING:

There are recommended open access readings and articles to enhance learning.

CASE DISCUSSIONS:

There are interactive case discussions to reinforce learning, where participants are encouraged to research, view other responses and discuss topics with other participants. Expert answers are provided once case discussions are submitted.

ASSESSMENT:

There are two online multiple choice examinations for assessment:

- Knowledge-based questions.
- Scenario-based questions with a focus on cases of patient care in the clinical environment.

Assessment is not timed and can be repeated if the 80% pass mark is not achieved with the first attempt.

ACCREDITATION:

HealthCert courses align with the continuing professional development accreditation requirements. This course qualifies for TBC hours for Educational activity and for TBC hours for Reviewing performance.

EVALUATION:

An evaluation at the end of the course enables HealthCert Education to continually improve education content.

FUTURE PATHWAY OPTIONS:

Further topics relating to aesthetic medicine can be viewed on www.healthcert.com. An online chat option on the web page provides you direct access to an Educational Advisor or, if you prefer email, info@healthcert.com. If you would like to speak to an educational advisor, please call 1300 856 695 (Australia) or +44 203 514 0688 (international).

CONTACT HEALTHCERT

Please contact admin@healthcert.com with any questions.

VERSION CONTROL TABLE

All changes must be approved by the Head of Academic Standards or Head of Accreditation.

Version no.	Version date	Authorised officer	Amendment details
1.			
2.			