

AESTHETIC NURSING: BEST PRACTICE AND COMPLIANCE

INTRODUCING HEALTHCERT EDUCATION

HealthCert Education is a global professional education provider dedicated to saving lives and improving patient outcomes through accredited primary care education for medical professionals. HealthCert Education does not accept sponsorship or commercial interest investment when delivering course content.

PREREQUISITES (MANDATORY)

There are no prerequisites.

COURSE CONTENT

This course introduces nurses to the legal, ethical, and professional standards required for safe aesthetic practice. It covers AHPRA advertising rules, TGA restrictions on Schedule 4 medicines, and state-based Poisons Act requirements for medication governance, storage, prescribing, and documentation. Participants learn how to maintain compliance, manage consent, ensure cultural safety, identify psychological red flags such as BDD, and uphold professional integrity in all patient interactions. The course also explores scope of practice for ENs, RNs, and NPs, including supervision, delegation, and clinical governance to support safe, accountable aesthetic nursing. This course is evidence-based, demonstrates best practice and is regularly updated.

RELEVANCE TO NURSES:

AHPRA outlines the legal requirements for advertising regulated health services, including restrictions on testimonials, before-and-after images, inducements, and claims about cosmetic procedures. It provides clear expectations for nurses on maintaining truthful, balanced, and ethical communication that protects patient safety.¹

The publication for TGA explains the national rules governing the advertising of Schedule 4 (prescription-only) medicines, including botulinum toxin and dermal fillers. It highlights prohibited terms, examples of breaches, and penalties, helping nurses understand their obligations when promoting aesthetic services.²

1. AHPRA, Guidelines for registered health practitioners who perform non-surgical cosmetic procedures, 2025, <https://www.ahpra.gov.au/Resources/Cosmetic-surgery-hub/Cosmetic-procedure-guidelines.aspx>
2. TGA, Advertisign a health service, 2024, <https://tinyurl.com/49v2b9p8>

LEARNING OUTCOME:

1. Develop a systematic approach to compliance for aesthetic nursing.
2. Determine best practice for nurses in aesthetic medicine.

PRESENTER:

This course is presented by Kelly Beasy.

RECORDING:

Listen and learn about Aesthetic Nursing: Best practice and compliance. The recording can be paused at any point to reflect on content and has a sophisticated search option for locating specific topics. You can copy and paste key slides into your personal document for ongoing reference.

RECOMMENDED READING:

There are recommended open access readings and articles to enhance learning.

CASE DISCUSSIONS:

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There are interactive case discussions to reinforce learning, where participants are encouraged to research, view other responses and discuss topics with other participants. Expert answers are provided once case discussions are submitted.

ASSESSMENT:

There are two online multiple choice examinations for assessment:

- Knowledge-based questions.
- Scenario-based questions with a focus on cases of patient care in the clinical environment.

Assessment is not timed and can be repeated if the 80% pass mark is not achieved with the first attempt.

ACCREDITATION:

HealthCert courses align with the continuing professional development accreditation requirements.

EVALUATION:

An evaluation at the end of the course enables HealthCert Education to continually improve education content.

FUTURE PATHWAY OPTIONS:

Further topics relating to mental health can be viewed on www.healthcert.com. An online chat option on the web page provides you direct access to an Educational Advisor or, if you prefer email, info@healthcert.com. If you would like to speak to an educational advisor, please call 1300 856 695 (Australia) or +44 203 514 0688 (international).

CONTACT HEALTHCERT

Please contact admin@healthcert.com with any questions.

VERSION CONTROL TABLE

All changes must be approved by the Head of Academic Standards or Head of Accreditation.

Version no.	Version date	Authorised officer	Amendment details
1.			
2.			